

Body measurements Body length 184 cm

Standard (cm)	S	M	L	XL	XXL	3XL
Chest	94	100	106	112	118	124
Waist	81	87	93	99	105	111
Hip	95	101	107	113	119	125
Inseam	81	82	83	84	85	86
Sleeve	62	63,5	65	66,5	68	69,5

Instructions

A: Chest/Bust

Measure around your chest at the fullest point of your bust, holding the tape firm and level.

B: Waist

Measure around your natural waistline.

C: Hip

Measure around the fullest point of your hip area while standing.

D: Inseam

Measure from your crotch point to the lower ankle while standing.

E: Sleeve

With your arm relaxed at your side and slightly bent, measure from the point of your shoulder down the outside of your arm to your wrist.

How to measure

